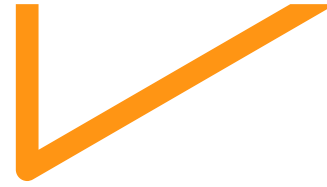


Getting from Heathrow Airport

To the University of Exeter





You have landed in the UK

What next?

Heathrow Airport to Exeter is
approx. 150 miles



So you need to plan the
next stage of your
journey before you arrive

...and it is approx. 250 miles
to Penryn!



So you need to plan the
next stage of your
journey before you arrive

Wait! Miles?

150 miles is roughly 241 kilometers

So there's still a way to go on your
adventure to the South West!





There are three ways to continue your journey

- ! University of Exeter's [Airport Collection Service](#)
- 🚆 Rail: Catch the Heathrow Express to London Paddington
- 🚌 Coach: Get a coach from Heathrow Terminal 5 or Terminal 2 and 3
- ✈️ Air: You may be able to fly to a closer airport



There are pros and cons to each mode of transport

There are also a few things to consider when planning the next stage of your journey

Planning in advance will minimise stress along the way



Time

What time of day will you land at Heathrow?

- Landing late at night could have an impact of your travel options
- You might need to stay overnight before you can embark on the next leg of your journey
- Give yourself enough time to get through the airport before your connecting transport leaves





Accommodation

Are you staying in University Managed or Private Accommodation?

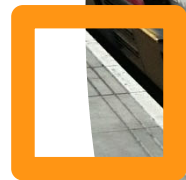
- Do you need to collect your keys before going to your new home?
- How far is your new home from the train station or coach stop?
- Are you expected to arrive at a particular time?



Information for Exeter-based Students

These details cover common and suggested routes and your journey might differ slightly depending on date and time of travel

Rail



Travelling By Train

When you arrive at Heathrow Airport you will need to find the train station. Look out for this symbol:



You must go to **London Paddington** station to get a train to **Exeter St. David's**

It is advisable to pre-book your ticket due to price and availability. Here is the website for booking your train tickets online: <https://www.thetrainline.com/>

Most trains will go straight to Exeter St. David's train station

There are two train stations currently operating at Heathrow airport

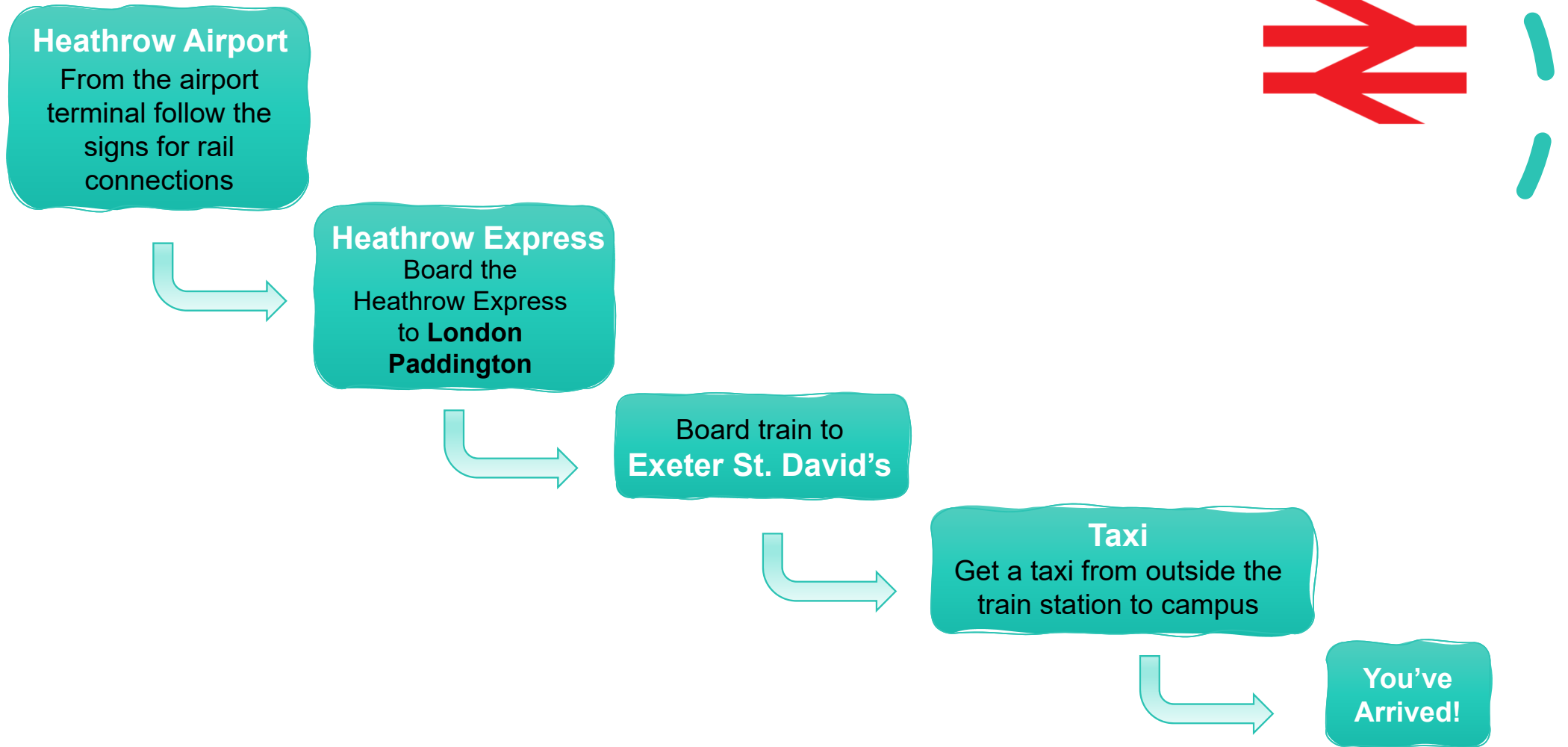
- ✦ Terminal 5
- ✦ Terminal 2 and 3

Heathrow Express trains run every 30 minutes and take around 15-21 minutes to reach London Paddington

- From Terminal 5, trains start from 5:25am to 11:25pm, departing at 25 and 55 minutes past the hour
- From Terminals 2 and 3, train start from 5:17am to 11:47pm, departing at 17 and 47 minutes past the hour

The train to Exeter St David's station generally takes 2-3 hours. There are no changes required

Handy Flow Chart!





Air


It might be possible for you to fly to a closer airport such as **Bristol** or **Exeter**

The advantage would be much shorter transfer time to Exeter campuses and quicker to get through customs and baggage.





Travelling By Plane



You may be able to book a flight via a European hub airport (such as Schiphol) to Bristol or Exeter Airports

Make sure you check luggage restrictions for your onward flight – you may not be allowed as many bags as you are on your first flight!

From **Bristol** Airport you can catch...

Bristol airport is approximately 2 hours from Exeter campuses. Catch the A2 bus from outside the airport to Bristol Temple Meads and then the train to Exeter St David's rail station

Exeter airport is approximately 45 minutes from **Exeter campuses**. Catch Bus 56 from outside the airport to Exeter St David's station and then find a taxi outside the station to take you to Streatham campus

It might take you longer than normal to get through any airport checks so make sure you leave **plenty of time** between connecting flights!

Coach



Travelling By Coach

When you arrive at Heathrow Airport you will need to find the National Express bus stop:



- Terminal 5 – stops 13-16 outside the terminal building
- Terminal 2 and 3 – at the central bus station. This is a short walk from the check in area and is clearly sign posted around the airport
- **Note – If you are arriving into Terminal 4 you will have to travel to Terminal 2 and 3 to be able to board a National Express coach**
- It is advisable to pre-book your ticket due to price and availability. Here is the website for booking your coach tickets online: <https://www.nationalexpress.com/en>

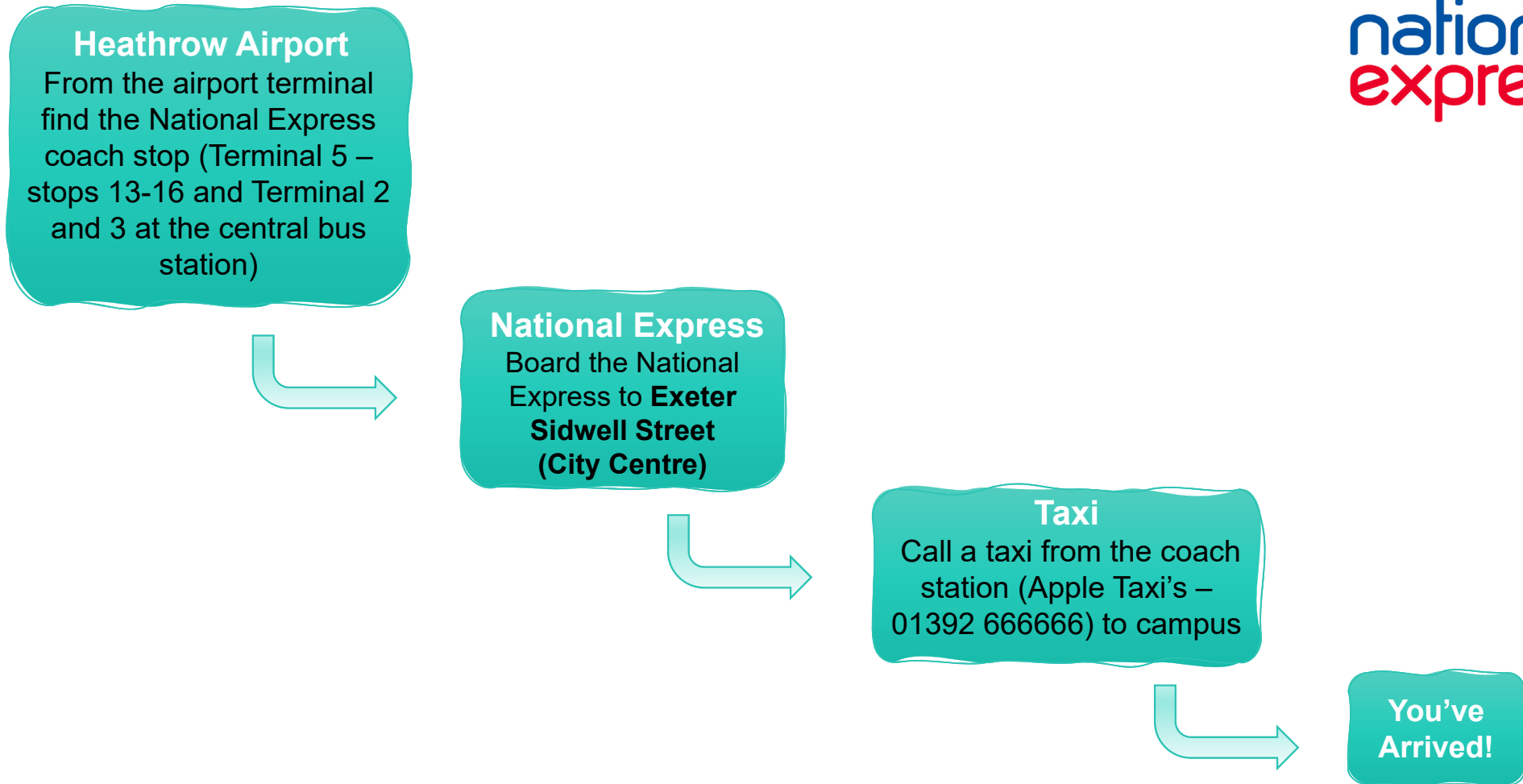
There is strict luggage allowance:
1 x hand luggage and
1 x large suitcase.

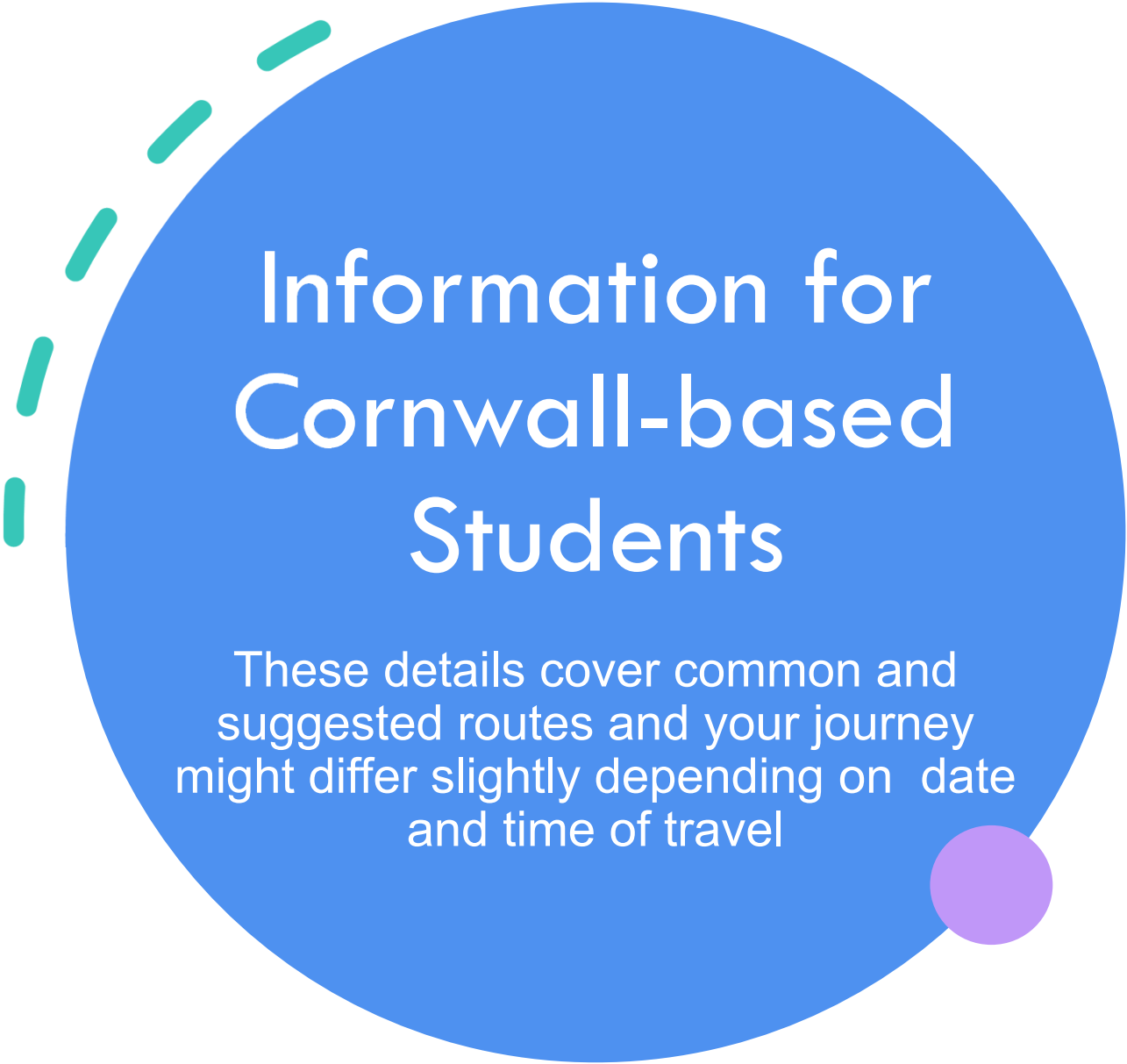
Pre-book your ticket before travelling to the UK.
Locate the National Express stops in the terminal

Coaches from Terminal 5 take roughly 6 hours and require a change at London Victoria station

Terminal 2 and 3 have faster coaches (roughly 3.5 hours) often with no changes – advisable option

Handy Flow Chart!





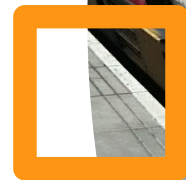
Information for Cornwall-based Students

These details cover common and suggested routes and your journey might differ slightly depending on date and time of travel



Rail

Whether you're going to live in **Truro, Penryn** or **Falmouth** you will be able to travel by train to your destination



Travelling By Train

When you arrive at Heathrow Airport you will need to find the train station. Look out for this symbol:



You must go to **London Paddington** station to get a train to the South West

Some trains go straight to **Truro**, others require you to change onto a different train at **Plymouth**

Where you get off the train depends on where you'll be living, if you're headed to **Penryn** or **Falmouth** these stations are past **Truro**

There are three train stations at Heathrow airport, so you can easily find a station wherever you land

- ✦ Terminal 1, 2 & 3
- ✦ Terminal 4
- ✦ Terminal 5

Heathrow Express trains run every 15 minutes from 5am to 11:30pm and takes just to 15-21 minutes to get to London Paddington

There is also a slower service called **TfL Rail** aka Heathrow Connect and this service takes 30-40 minutes to get to London Paddington

Handy Flow Chart!



Heathrow Airport
From the airport terminal follow the signs for rail connections

Heathrow Express
Board the Heathrow Express to **London Paddington**

Board train to Truro

Board train to Plymouth

Arrive Truro

Falmouth Penmeer

Falmouth Town

Falmouth Docks

You've Arrived!

Board train to Penryn

Stay on the train to Falmouth Stations

You've Arrived!



Road

Whether you're going to live in **Truro, Penryn** or **Falmouth** you will be able to travel by coach to your destination



Travelling By Coach

When you arrive at Heathrow Airport you will need to find the Coach Stands. Look out for this symbol:



There are two main coach companies that can bring you to Cornwall [National Express](#) and [Megabus](#)

National Express run from coach stands at the airport terminal. Some routes will go directly to Cornwall others may require you to change at **Bristol**

Where you get off the coach depends on where you'll be living, and the route the coach takes. It might be that you can only get a coach for part of your journey

Availability

Unfortunately at the moment these companies are running on restricted routes and you may not have services that get you all the way to Cornwall!

Keep an eye on their websites for up to date information and booking!

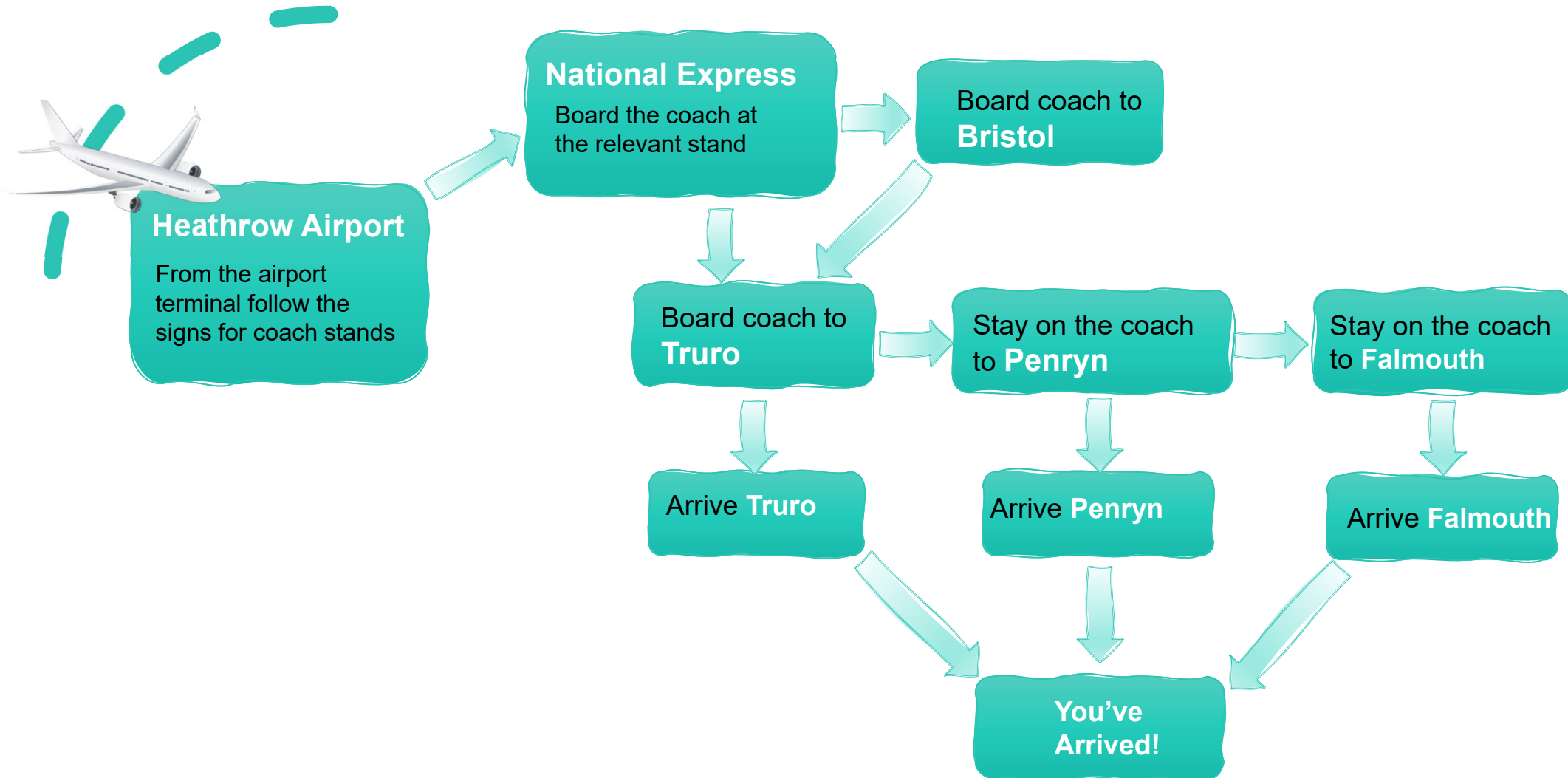
Luggage restrictions

You are permitted to bring only two pieces of luggage which you should be able to lift yourself and one piece of hand baggage

Food & Rest Room Facilities

There won't be food services on coach services so grab a snack at the airport to take with you (hot food will not be permitted). There may not be a rest-room on the coach!


Handy Flow Chart!






Air

It might be possible for you to fly to a closer airport such as **Newquay**





Travelling By Plane



Follow the **purple** signs at the airport for **Flight Connections**



You may be able to book a flight direct from Heathrow Airport to Newquay Airport

Make sure you check luggage restrictions for your onward flight – you may not be allowed as many bags as you are on your first flight!

From **Newquay** Airport you can may be able to get a bus to **Truro** train station if services are running as normal

It might take you longer than normal to get through any airport checks so make sure you leave **plenty of time** between connecting flights!

Newquay airport is approximately 30 minutes drive from **Truro** and 45 minutes from **Penryn/Falmouth**

There will be some days when a shuttle service or **local pick-up** will run between Newquay Airport and the Campus. Check online [here](#) for details.

Handy Flow Chart!



Heathrow Airport

When you land in Heathrow you might need collect your luggage and go through security again for your onward flight. This should be made clear at the start of your journey – if you are unsure ask at the check-in desk



Flight Connections

Follow the signs for flight connections and check the big screens for your gate announcement



Board flight to **Newquay**



Land in **Newquay**



Get a bus to **Truro** and take a train, bus or taxi to complete your journey



Get a taxi to your accommodation



You've Arrived!

Any Questions

Cornwall a great place to live because of its remote location but that means getting here can take a bit of time!

If you want to have a video chat with the **International Student Adviser** in Cornwall about planning your journey, please send an email to info.penryn@exeter.ac.uk with subject the line:

ISA Cornwall – Getting Here





Please remember to wear a face covering on all public transport

We hope you have a safe journey and we look forward to welcoming you to the University of Exeter